

# HUNTINGTON MEDICAL FOUNDATION

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## Shital Patel Arya, M.D.

### SPECIALTY

Pediatrics

### JOINED HMF

2005

### EDUCATION/TRAINING

Pediatric Internship and Residency  
State University of New York  
Upstate Medical Center

M.D. , School of Medicine  
Ross University

B.S., Biology  
State University of New York at Binghamton

### SUMMARY OF EXPERIENCE

Before joining HMF, Dr. Arya spent several years treating young patients at pediatrics practices in Arcadia and West Covina.

She started her medical career teaching residents at the Maternal and Child Health Center of St. Joseph's Hospital in Syracuse, New York.

Dr. Arya has privileges at Arcadia Methodist Hospital and Huntington Memorial Hospital.

Currently, she teaches residents from USC.

### MEMBERSHIPS

- Member, American Academy of Pediatrics

### ON A PERSONAL NOTE

Dr. Arya says she always wanted to be in medicine, and the chance to work with “smart, dependable doctors” is what drew her to HMF.

Like most physicians, she had her share of odd jobs. She earned her very first paycheck working at a donut shop, which had the added benefit—for a future doctor—of demonstrating the effects of too much dietary fat and sugar on her customers!

In college and medical school, she kept herself and others healthy by teaching step aerobics.

Today, she lives with her family in the San Gabriel Valley and enjoys spending time with her two children. “They remind me to have fun and enjoy everything I do. “