

HUNTINGTON MEDICAL FOUNDATION



Arnel Balbuena , M.D

SPECIALTY

Family medicine

JOINED HMF

2008

EDUCATION/TRAINING

Certification, Family Medicine
American Board of Family Medicine

Residency (Family Medicine)
USC/California Hospital Medical Center
Los Angeles

Internship (Obstetrics & Gynecology)
Cedars-Sinai Medical Center
Los Angeles

M.D., Chicago Medical School,
Finch University of Health Sciences
Chicago

B.A., Biochemistry
Occidental College
Los Angeles

SUMMARY OF EXPERIENCE

After graduating from Chicago Medical School, Dr. Balbuena initially trained in OB-GYN for one year at Cedars-Sinai Medical Center, and then transferred to Family Medicine at USC-California Hospital

After completing his training at California Hospital, he worked at various *locum tenens* positions in urgent care, occupational medicine, and geriatric outpatient clinics.

Upon joining HMF, Dr. Balbuena began building his practice and accepts patients of all ages including children as young as 15. As time permits, he sees HMF patients on a walk-in basis as well.

His goal is to keep communications with his patients as open as possible. He believes that a physician's ability to listen to their patients is his most important skill.

ON A PERSONAL NOTE

Dr. Balbuena was born in Massachusetts but grew up in Northern California. He moved to Los Angeles to attend Occidental College.

He taught ninth grade science at Polytechnic School for one year before starting medical school in Chicago, and is "thrilled to be back in Pasadena."

During his down time, he enjoys running, and volunteered at the L.A. Marathon and Kids Run L.A. during his residency at USC.

He has an appreciation of all sports, but is an avid tennis player. He relaxes by playing piano, which he is learning to play by ear.