

# HUNTINGTON MEDICAL FOUNDATION

---



## Dena M. Mechoso, M.D.

### SPECIALTY

Pediatrics

### JOINED HMF

2006

### EDUCATION/TRAINING

Pediatric Residency  
University of Connecticut

M.D., University of Massachusetts  
School of Medicine

B.S., Biotechnology with High Distinction  
Worcester Polytechnic Institute

### SUMMARY OF EXPERIENCE

Before joining HMF, Dr. Mechoso spent three years at a pediatrics practice in Connecticut and a year at a practice in Irvine.

A Massachusetts native, she stayed close to home for college and medical training.

In addition to her studies, she served as the “Reach Out and Read” Coordinator at Connecticut Children’s Medical Center. She also spent a year on the Residency Advisory Committee.

She served on both the Student Health Care Committee and the Library and Learning Resources Committee while attending the University of Massachusetts.

As a student, Dr. Mechoso distinguished herself by conducting research projects and coauthoring articles which were published in medical journals.

### AFFILIATIONS

- Fellow, American Academy of Pediatrics
- American Board of Pediatrics

### ON A PERSONAL NOTE

Dr. Mechoso cares about her patients and they return the favor. One kindergartner even offered advice on her love life.

“I was on call late one night, and not looking my best,” she recalls. “A five-year-old boy asked me if I had kids. When I told him I didn’t have children, and wasn’t even married, he said ‘If you got those things you put right on your eyeballs, you could get a husband.’”

Coincidentally, Dr. Mechoso met her future husband while wearing her contact lenses.

Outside the office, she enjoys exploring, biking, traveling, eating good food, and spending time with her daughter and family.